

VEGETARIAN JAPANESE VOCABULARY LIST

肉	にく	niku	meat, flesh
脂, 油	あぶら	abura	fat; tallow; lard; grease
鶏(肉), 鳥(肉)	とり(にく)	tori(niku)	chicken (meat)
牛(肉)	うし	ushi(niku)	cow (meat)
豚(肉)	とん(にく), ぶた(にく)	ton(niku), buta(niku)	pig (meat)
チーズ	チーズ	chiizu	cheese
マヨネーズ	マヨネーズ	meyoneezu	mayonnaise
卵	たまご	tamago	egg
魚	さかな	sakana	fish
鰯	いわし	iwashi	sardine or other fish (kokuji)
煮	にぼし	niboshi	dried sardine, used in dashi
蟹	かに	kani	crab
貝	かい	kai	shellfish
鮪	まぐろ	maguro	tuna or other fish
蛸	たこ	tako	octopus
鰻	うなぎ	unagi	eel
河豚	ふぐ	fugu	pufferfish, blow fish
鰹節	かつおぶし, かつぶし	katsuoboshi, katsubushi	tuna/bonito flakes *used in dashi and other dishes
振り掛け	ふりかけ	furikake	Condiment added to rice, contains bonito flakes or egg

Niku wa tabemasen. = I don't eat meat.

Niku to sakana to hamu to toriniku wa tabemasen. = I don't eat meat or fish or ham or chicken.

Watashi wa bejitarian desu. = I'm a vegetarian.

Saishokushugi desu. = I'm a vegetarian.

Bejitarian no ryori ga arimasu ka. = Do you have any vegetarian dishes?

Kono ryori ni niku ga haitte imasu ka. = Does this dish contain meat?

Sakata to niku to tamago to sakana no dashi to miruku ni arerugi. = I am allergic to meat, eggs, fish dashi and milk.

Kore wa niku/sakana desu ka = Is this meat/fish?

http://www.saiga-jp.com/cgi-bin/dic.cgi?f=0&start=1&sid=1272306513_59031

<http://www.jisho.org/>

<http://www.webdico.com:8080/kanji/kansear?dbname=kanjig&sword>

<http://markcity.blogspot.com/veg.htm>

<http://www.yamasa.cc/members/ocjs/kanjidic.nsf/MainPage?OpenForm>